First, Then

Name: _____ Date: _____

First

Put a card here, or draw what comes first

Then

Put a card here, or draw what comes next

THINGS TO DO

Cut along the dotted lines


Get dressed


Brush my teeth


Wash my hands


Do homework


Put my toys away


Eat dinner


Take a bath


Put my shoes on

THINGS I LIKE

Tip: laminate the board and use tape or Velcro dots for the cards


Play a game


Play outside


Watch a show


Screen time


Go to the park


Ride my bike


Play with toys


Special snack

Make your own in Day2Day: Visual Schedule

Your own photos, your voice reading each step aloud, and rewards.

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