My Daily Routine

Name: _____ Date: _____

START	END	STEP			DONE
_____	_____	1		Go to the bathroom	☐
_____	_____	2		Wash my hands	☐
_____	_____	3		Get dressed	☐
_____	_____	4		Eat breakfast	☐
_____	_____	5		Brush my teeth	☐
_____	_____	6		Put my shoes on	☐
_____	_____	7		Put my jacket on	☐
_____	_____	8		Grab my backpack	☐
_____	_____	9		Go to school	☐
_____	_____	10		Do homework	☐
_____	_____	11		Take a break	☐
_____	_____	12		Play a game	☐
_____	_____	13		Eat dinner	☐
_____	_____	14		Take a shower	☐
_____	_____	15		Put on my pajamas	☐
_____	_____	16		Brush my teeth	☐
_____	_____	17		Read a book	☐
_____	_____	18		Go to bed	☐

Write in the times, then check each box when it's done. Tip: laminate it to reuse it every day.

Make your own in Day2Day: Visual Schedule

Your own photos, your voice reading each step aloud, and rewards.
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